

MATERNITY

Welcome
your baby
with us.





Nursing staff that are experienced and caring with the atmosphere of a luxurious hotel.



Plenty of room for family as this transparent bed demonstrates.

The **ARRIVAL OF A NEW BABY** makes every beginning precious. Our team is ready to share this experience with you. From delivery until you go home, our staff will make you feel like part of our family, equipping you with the best knowledge on baby and mommy care.

Soin Hospital offers the following amenities:

- Neonatologists available
- Luxury rooms
- Single patient rooms with private bathroom
- Baby stays with mother in room
- 42" Flat screen TV
- Wi-Fi access throughout hospital
- Room service
- Bella Baby Photography



READY WHEN YOU ARE.

Having a baby can feel a little overwhelming, but our **team of highly trained nurses embrace you and your baby** with open arms. At Soin Medical Center our team of nurses are ready for your baby's arrival. Beautiful and natural colored rooms help soothe you while our staff creates a family atmosphere that helps bring ease to the mother during this exciting time.

Doula Program

Doula is a Greek word and refers to a woman experienced in childbirth who provides physical, emotional, and informational support to the mother before, during, and just after childbirth.
937-395-8600

What to Expect Upon Arrival

- Check in at Labor and Delivery
- Staff monitors labor progression
- Nurse prepares you for labor
- Physician delivers baby
- Mother and baby may move to mother/baby unit where they are monitored until discharged
- Family-centered care

Benefits of Breastfeeding

Lactation Consultants on site

Benefits to your baby:

- Provides the best food for your baby
- Less ear infections
- Less allergies and asthma
- Less childhood obesity
- Less childhood diabetes
- Less childhood leukemia
- Higher IQ scores
- Calms and soothes fussiness

Benefits to the mother:

- Less breast cancer
- Less ovarian cancer
- Less diabetes
- Convenient
- Economical (free)

DELIVERY CHECKLIST

As soon as pregnancy is determined

- Find a physician
- Take prenatal vitamins
- Eat well and drink lots of water

At 24 Weeks

- Sign up for prenatal classes
- Hospital pre-registration

At 30 Weeks

- Choose a pediatrician
- Get a car seat

At 36 Weeks

- Pack hospital bag





Ready when you are.

Our network offers **CHILDBIRTH CLASSES** and State-of-the-Art Technology. *Find the latest technology in medical care in your own backyard.*

“Each and every birth is a unique experience; being part of such a special time in a family’s life is a true blessing that we don’t take for granted.”

Dianna, OB Manager
Soin Medical Center

Your journey begins before entering the hospital and extends well beyond bringing your new baby home. At Soin, we offer many classes to help you prepare for welcoming your precious baby. The following is an overview of available classes, but check with the hospital as we are constantly updating the classes to better serve you throughout your journey.



Prenatal Preparation (Childbirth/Lamaze)

Series of classes that cover the physical and emotional changes of the birthing process, relaxation, breathing and pushing techniques, medications/ anesthesia options, cesarean birth information, and postpartum adjustments to the new family.

Prenatal Refresher (Childbirth/Lamaze)

This class is intended to provide a review of the labor and delivery process, birth options, breathing and relaxation techniques. A question and answer session is provided.

Alternatives For Pain During Childbirth

Women and their families will learn how to use herbs,

aromatherapy, and acupressure to support them through labor.

Baby Care

Topics will include baby massage, normal newborn characteristics, well baby/ sick baby, feeding, bathing, diapering, infant safety, play safety and car seat safety.

Breastfeeding Preparation

Topics include the production of breast milk, breast preparation and initiation of breastfeeding along with potential problems and management. Also discussed will be your baby’s role, breastfeeding during your hospital stay and breast-feeding as a working mom.

Infant CPR

Class instructed by a CPR certified registered therapist. Basic CPR and choking

prevention is presented. No certification is given and class space is limited to ensure a low instructor/ student ratio.

Connecting you to family & friends

Baby Gallery

We offer a secure site for your friends and family to see the first picture of your newborn baby. A professional photographer will take a photo of your son or daughter to share with those you care about. They can use Baby Gallery Guestbooks to send a note of congratulations to the new parents. Rest assured, patient privacy is an important aspect of the care that we provide.

Get Well Network

GetWellNetwork empowers patients to take a more active role in the care process by learning more about their condition, communicating with caregivers, preparing for discharge, and caring for themselves at home.

- Watch on-demand Movies and television
- Surf the web, check Email, and send messages

Many Shades of Blue

Research shows that hormonal changes, a personal or family history of depression and lack of support can lead to Postpartum Depression. There is help. Ask your nurse for more information. **937-401-6844 or Toll Free 1-866-848-3163.**



GRACE LYNN

Birth Date: **January 21**
Time: **6:11 PM**
Weight: **7 lbs. 11 oz.**
Length: **19.5 inches**
Eyes: **Brown**
Hair: **Black**

Kettering Health Network

Soin Medical Center
3535 Pentagon Boulevard
Beavercreek OH 45431
937.702.4000
ketteringhealth.org/soin



Kettering Medical Center
 3535 Southern Blvd
 Kettering OH 45429

Greene Memorial Hospital
 1141 N. Monroe Dr
 Xenia OH 45385

Southview Medical Center
 1997 Miamisburg-Centerville Rd
 Centerville OH 45459

Fort Hamilton Hospital
 630 Eaton Ave
 Hamilton OH 45013

Grandview Medical Center
 405 W. Grand Ave
 Dayton OH 45405

Sycamore Medical Center
 400 Miamisburg-Centerville Rd
 Miamisburg OH 45342

Accommodations Close by:

Courtyard Marriott
 Dayton Beavercreek
 277 Fairfield Commons Blvd
 937.429.5203

Residence Inn
 Dayton Beavercreek
 2779 Fairfield Commons Blvd
 937.427.3914

Hilton Garden Inn
 3520 Pentagon Blvd
 937.458.2650

 Red Roof Inn
 2580 Colonel Glen Hwy
 937.426.6116

Studioplus Deluxe
 3131 Presidential Dr
 937.429.0140

 Homewood Suites
 2750 Presidential Dr
 937.429.0600



Soin Medical Center does not discriminate against personnel, patients, or other organizations on the basis of race, color, religion, gender, sexual orientation, national origin, disability (mental or physical), communicable disease, or age.

MP12-0036 02/12 © 2012 Kettering Health Network.