

SYMPOSIUM DESCRIPTION

Kettering Sports Medicine Center invites you to our Annual CEU Program on Friday November 18, 2011. The focus will be on professional development and topics will include psychology, technological aides, positive stress management tips, nutritional ideas and more. The program will be a combination of labs, hands-on learning as well as acquiring knowledge through lecture.

THERAPEUTIC AREAS

Nutrition, psychology, technology, yoga, ethics

CEU APPROVAL

The program has been approved for 6.0 CEU by the **BOC**. Application submitted for approval for .3 CE credits with the **NSCA-CSCS** and **Ohio PT Association**. For **Nursing** CE contact hour information please contact Ruth Leeds: *ruth.leeds@khnetwork.org*

PROGRAM COSTS

\$75 due by November 1. For Kettering Network employees cost is \$60. Pre-registration is required and walk-ins will be allowed as space is available. Any cancellations after Nov. 8 will be refunded \$50 and no refunds for no-shows.

LOCATION

Kettering Adventist Church
3939 Stonebridge Rd.,
Kettering, OH 45419
Fellowship Hall

SCHEDULE

Registration & Breakfast 7:15 – 8 a.m.

Morning lecture session 8 a.m. – 12:15 p.m.

8 – 9 a.m. *Professional Ethics*

Diane Ditmer, PhD, RN
Kettering Medical Center

9 – 9:45 a.m. *Professional Time-saving Tech Tips*

William Hudson, CISA
Director of IT, Kettering Health Network

9:45 – 9:55 a.m. Break

9:55 – 10:30 a.m. *Polishing Our Professionalism*

Becky Bower, MS, AT, ATC
Wright State University

10:30 – 11:15 a.m. *Nutrition - Taking Care of You*

Cindy Cassell, Ph.D., RD, LD
Kettering Sports Medicine Center

11:15 a.m. – 12:15 p.m. *Psychology*

Barbara Walker, PhD
Kettering Sports Medicine Center

Lunch 12:15 – 1 p.m. (lunch is provided)

Afternoon lab session 1:30 – 3:30 p.m.

Yoga Relaxation Techniques:

Michelle Kahler Campbell, MS, AT

Cooking for Your Health: Time Saving Tips for the Professional on the Go:

Robyn Gentry McGee, Chef

Questions?

Please contact: Jeff Von DeLinde, AT
jeffrey.vondelinde@kbnetwork.org
or 937-395-3920

Registration required by
NOVEMBER 1, 2011

MAIL IN REGISTRATION 2011

Last Name, First Name

Home Address

City, State, Zip

Area Code and Phone Number

AT PT Nurse CSC

Certification Number / Ohio Licensure Number

Email Address

Affiliation

Staying for lunch? Yes No

Type of Payment (*check one*)

Credit Card: Mastercard Visa Discover
 Cash Check

Make checks payable to KSMC

Check Number / Credit Card Number

Name on Card

Security Code (on back) Expiration Date

Amount Enclosed

Return registration form and payment to:

Jeff Von De Linde, AT
Kettering Sports Medicine Center
3490 Far Hills Ave
Kettering, OH 45429

WHAT DO YOU THINK?

Future Topics of interest:

Which of the following would you like to see presented?

- Concussions/head injury
- Upper extremity injury
- Lower extremity injury
- Kinesiology
- Modalities
- Strengthening
- Rehab
- Bracing
- Acute Care
- Chronic Conditions
- Weight Training
- Female/Male affiliated injuries
- Equipment (maintenance/fitting)

ADD any Specifics/Details to topics you would like to see presented:

Other Topics not listed:

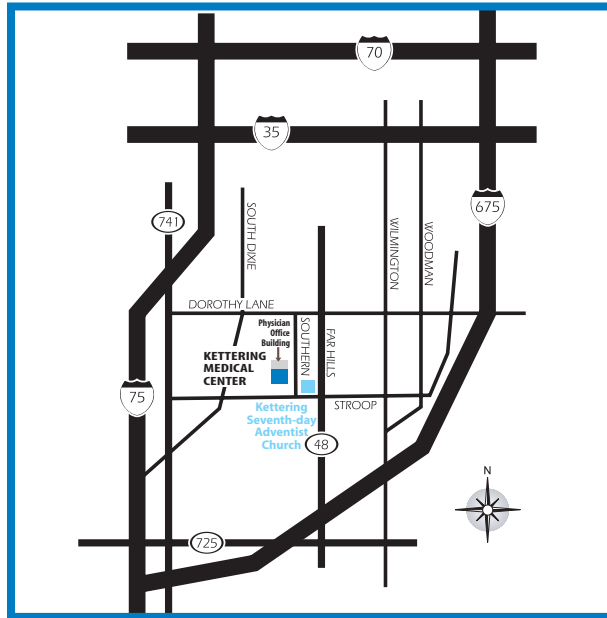
DIRECTIONS

From the North:

Take 75 south towards Cincinnati
 Exit 50 B-OH741/Springboro Rd.
 Turn left. Continue on Springboro Rd
 Turn left on W. Stroop Rd.
 Turn left on Stone Bridge Rd.

From South:

Take 75 north towards Dayton
 Exit 47- Moraine/Kettering
 Merge on E. Central Ave.
 Continue on S. Dixie Dr.
 Turn Right on W. Stroop Rd.
 Turn Left on Stonebridge Rd.



Kettering Medical Center

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2011 ANNUAL SPORTS MEDICINE SYMPOSIUM

Professional Development
 November 18, 2011



Kettering Medical Center